

Department of Applied Psychology

Faculty CV

Name	Aliya Imtiaz
Designation	Lecturer Contract
Education	<ul style="list-style-type: none"> • MPhil, Psychology (Psychology) , Quaid-I-Azam University Islamabad, Pakistan (2018-2021)
Professional Experience	<ul style="list-style-type: none"> • Lecturer Contract at NUML Feb, 2024-Cont... • Visiting Lecturer at RWU Sep, 2023-Jan, 2024 • Research Assistant at RWU March, 2023-Jan, 2024 • Visiting Lecturer at RWU April, 2023-June, 2023 • Visiting Lecturer at DSS (QAU) Feb, 2023-June, 2023 • Research Assistant at Riphah International University, IBD June, 2022-Sep, 2022 • Visiting Lecturer at International Islamic University, IBD Feb, 2022- June, 2022 • Research Assistant at Digitribe Pakistan March, 2022, May, 2022 • Teaching Assistant at National Institute of Psychology, QAU Feb, 2021-July, 2021 • Internee at Shifa Medical and Caring Center, IBD 26 Jan, 2017 – 12 Feb, 2017 • Internee at National Institute of Psychology, Quaid-e-Azam University, IBD Oct, 2017- Dec,2017
Research Interests	<ul style="list-style-type: none"> • Technology, Family, Children
Publications/Conferences	<ol style="list-style-type: none"> 1. Bukhari, S. R., Imtiaz, A., Akbar, N., Malik, U. A., & Gilani, A. (2019). Internalized stigma, quality of life and self esteem in chronic schizophrenic patients. <i>Pakistan Journal of Medical Research</i>, 58(13). <ul style="list-style-type: none"> • 1st International Conference on “Emerging Trends in Psychology” (Poster Presented: 3rd Position)

	<ul style="list-style-type: none"> ● International E-Conference on “Psychosocial Wellness & Rehabilitation: Challenges for Practitioners during Pandemic” (Paper Presented) ● 1st International Conference on “Contemporary World: Challenges and Transformations” (Paper Presented) ● 2nd International Conference on collaborative partnerships in strengthening social sciences, Addressing Indigenous and global challenges (Paper Presented) ● International Conference on Interdisciplinary Approach in Social Sciences (Paper presented)
Honors/Grants (if any)	<ul style="list-style-type: none"> ●
Workshops/Trainings (if any)	<ul style="list-style-type: none"> ● The Psychology of Overthinking: Why the brain gets stuck in loops, cognitive traps, rumination cycles. (at NUML)